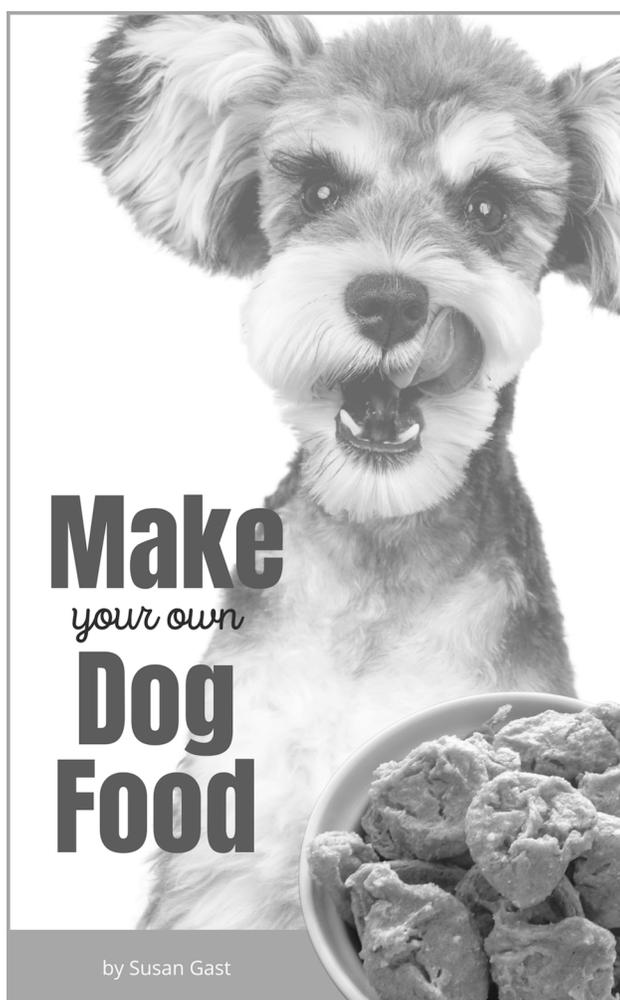


WOOF! WOOF!



Make
your own
Dog
Food

by Susan Gast

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Brought to you by Susan Gast

If you wish to learn more about dehydrating food and the Six Simple Steps needed to dehydrate food safely, visit

<https://www.easy-food-dehydrating.com/six-simple-steps.html>

and get the free eBook today!

CHAPTER 1

WHY YOU SHOULD MAKE YOUR OWN DOG FOOD ...



ATTENTION DOG LOVERS EVERYWHERE!

Ever wondered just what goes into your canned dog food?

I used to wonder too, and when I discovered that just about 'everything' ended up in the

commercial mix, I decided right then and there to start making nutritious and delicious doggie food for my best friend. *READ ON!*

CHAPTER 2

HOW IT ALL BEGAN ...



IT'S EASY to make your own dog food — in fact I've been making my own dog food for over a decade.

Why?

Because I love my dog.

Yes, I'm sure you no doubt love your dog too. When we first adopted our Miniature Pinscher, stories were circulating about a certain brand pet food that was actually responsible for the deaths of dogs. Let's say it was manufactured with "meat" from overseas and leave it at that.

The Dog Had "Been Through Enough ..."

While out back enjoying some Florida sunshine, my husband and I noticed a tiny black dog wandering the property. At first we tried to shoo the dog away. We had just said goodbye to a great cat named Toby (who died of heart failure). We felt becoming attached to another pet and getting our hearts broken again by the loss of another pet was the last thing we needed.

But ...

... the little dog persisted in visiting us — for weeks. It was my father's 80th birthday party and we'd arranged to all meet at my brother-in-law's house who lives on the next five acres across from our home.

We set off to walk the short distance and found the little black dog sitting right in the middle of the path. It was shaking and looked really sad. Upon closer inspection it had two huge ticks sucking the life out of its ear, each tick about the size of a quarter — full of the dog's blood.

I had my husband hold onto the dog's collar while I ran back home to grab a towel to wrap the dog in. At that time, we didn't know if we'd get bitten, or scratched.

I promptly returned with the towel, wrapped up the dog, and carried it gingerly to our patio. With a fresh pair of my latex gloves (from my stock of gloves I use for dehydrating food), I successfully pulled out the two ticks — and was relieved to see I'd got the whole body and legs. The non-slip effect of the gloves made the perfect tick-removal gripping surface!

The relief in the little dog's eyes just about broke my heart.



Back To Dad's 80th Birthday Party

We knew we had to get going over to my dad's birthday party, so we decided to put the dog in the old cat's bed. But where? We didn't know if the dog was destructive, so we put it in our shed where I store my DIY tools. A much happier dog was left to rest in the shed with a bowl of fresh water and some *cat* biscuits. *It's all we had!*

After dad's birthday party, we went door-to-door asking neighbors if they'd lost a small black dog. We weren't sure if it was a Chihuahua? Turns out it was a Miniature Pinscher and a female! Yes, "he" was a "she"!

No one laid claim to the little lost doggie.

A few days later, we took her to the vet to have her fur scanned for any ID implanted gadget — none were found. We adopted her and also had her spayed.



We Love Our Little Doggie ...

Due to the fact that I had no dog food on hand and after hearing horror stories of dogs dying from 'big company' canned dog food, I decided to make my own food.

The decision really was a no-brainer. After all, we don't think twice about cooking meals for us humans, so why on earth wouldn't we spend some time and love in creating real food for our best friend?

After a ton of research on suitable safe ingredients, I came up with a super dog food dinner that she just loves. Chicken Chow was born!

Here is our super-happy, super-grateful loving dog.



Our Miniature Pinscher

CHAPTER 3

CHICKEN CHOW INGREDIENTS

HERE ARE the ingredients needed to make the BEST food your dog will ever eat!

- 1/4 cup of millet and 1/4 cup of quinoa (rinsed in a fine sieve to remove the bitter taste from the quinoa)
- big handful of plain egg noodles
- six boneless, skinless chicken thighs (or 2 two large breasts) or same amount of beef, or pork (save money by buying on sale and freezing)
- 1 cup of chopped fresh carrots
- 1/2 cup of sliced celery

AND get the FULL INGREDIENTS needed for this tail-wagging doggie dinner!

Treat yourself to a full copy of "Make Your Own Dog Food" by visiting
<https://www.easy-food-dehydrating.com/how-to-make-dog-food.html>
to read more about it.

CHAPTER 4 MAKING THE VITAMIN MIX



YOU'LL NOTICE in the photo that I had to purchase my alfalfa and kelp in soluble capsule form ... *IF you can find loose powder, then please go that route!*

It's a finger-aching job having to twist open each capsule and I mutter under my breath all the way through while emptying the capsules — but in the end I know it's well worth the time and effort because my dog loves me!



Be very careful when mixing up your powders. By that I mean, stir gently! The first batch I ever made I began stirring over-ambitiously and ended up with a huge cloud of the vitamin mix in the air!

AND MUCH MORE that tells you the magic ingredients to use for the vitamin mix!

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CHAPTER 5

MAKING THE CHICKEN CHOW

FIRST, make sure you have an extra-fine sifter on hand (one that you use to sprinkle powdered sugar over cakes works fine!) and you'll need a pressure cooker too.



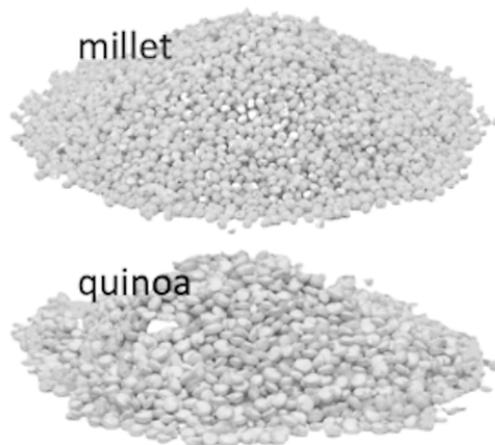
The sifter shown in the image is from Fantes.com. The sifter is for rinsing the quinoa ... it tends to have a powdery coating on it that smells not-so-good (and it's bitter-tasting).

The pressure cooker I use is a Fagor, shown below ...



...but it's not available on Amazon anymore. So do yourself a favor and pick up an Instant Pot Duo pressure cooker instead on Amazon.

Next, you can buy bulk Millet and Quinoa from Nuts.com



LET'S GET GOING!

• • •

STEP 1: After you've gathered the ingredients and the prep work is done, put the carrots, celery, and sweet potato in your pressure cooker.



Read on for how to turn your very own Chicken Chow into dog biscuits!

AND MUCH MORE is included that teaches you the complete steps for making yummy Chicken Chow for your best buddy!

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CHAPTER 6

MAKE YOUR OWN DOG BISCUITS!



NOTE: For those of you who like to always have enough “food on hand,” then consider storing your dehydrated Chicken Chow “nuggets” for long-term storage for your dog. After all, they’re family members too!

You can read more about storing food for the long-term on this website:

<https://www.easy-food-dehydrating.com/how-to-store-dehydrated-food.html>



My gosh, these dehydrated chicken chow doggie biscuits/nuggets ARE good enough (for us humans) to eat ... and I have eaten a few of them... *much to my dog's chagrin!*

Keep reading this special "Instant Preview!"

CHAPTER 7

RE-HYDRATING CHICKEN CHOW BISCUITS

IF YOU DID DECIDE to go the long-term storage route after you dehydrated your doggie mix and made them into biscuits, then all you need to do is add good, clean water to your dehydrated Chicken Chow biscuits.

AND MORE on re-hydrating your yummy dehydrated Chicken Chow!

Treat yourself to a full copy of “Make Your Own Dog Food” by visiting
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to read more about it.

CHAPTER 8

BOW WOW BEEFY CHOW



THIS PHOTO SHOWS a variation of this fabulous dog food made with pieces of beef! I call this version “Bow Wow Beefy Chow”! Just substitute the chicken for the beef — actually, I used pre-cooked beef (it was purposely put aside from a Sunday dinner roast).

You can either add the cooked beef (don’t forget you can use pork too!) at the end, or add the cooked beef in with the vegetables in the pressure cooker to make the beef more moist and tender.

Either way, your dog will love it - *and YOU!*



Keep going...

CHAPTER 9

NEVER FEED YOUR DOG THIS

BEFORE WE CLOSE, it's important to know which foods are toxic to dogs. There are quite a few items:

- Onions
- Garlic
- Chives
- AND MANY MORE items included here to NOT feed your dog...

Steer clear of the above items!

NOTE: Remember that the stock I use is the chicken stock from Better Than Bouillon by Superior Touch because it's safe to use (no onion in it).

Folks:

Treat yourself to a full copy of "Make Your Own Dog Food" by visiting <https://www.easy-food-dehydrating.com/how-to-make-dog-food.html> to read more about it.

CHAPTER 10 THANKS!

WE KNOW your dog will look forward to his dinner EVERY night!

Remember to sign up for the FREE eBook called Six Simple Steps to dehydrate and store food SAFELY, for long-term storage!



Treat yourself to a full copy of “Make Your Own Dog Food” by visiting

<https://www.easy-food-dehydrating.com/how-to-make-dog-food.html>
to read more about it.

Thanks for checking out this “Instant Preview” of “Make Your Own Dog Food.”

WARNING: Your Dog WILL LOVE IT!